

MAY 27-29, 2019 | QUÉBEC CITY, QUÉBEC | CONVENTION CENTRE & HILTON QUÉBEC

## Companion's Program-At-A-Glance

### Sunday, May 26<sup>th</sup>, 2019

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| 2:00 p.m. to 6:00 p.m. | Conference Registration |
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### Monday, May 27<sup>th</sup>, 2019

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| 7:00 a.m. - 3:00 p.m. | Optional: Golf Tournament at the Cap Rouge Golf Club (Shotgun Start at 8:30 a.m.) |
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| 10:00 a.m. to 2:00 p.m. | Optional: Pre-Conference Activity - Trip to Parc de la Chute-Montmorency |
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| 11:00 a.m. to 2:00 p.m./<br>11:30 a.m. to 2:30 p.m. | Optional: Pre-Conference Activity - Old Québec Food Tour |
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| 11:00 a.m. - 8:00 p.m. | Conference Registration |
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| 6:00 p.m. - 9:30 p.m. | Opening Reception at Tradeshow |
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| 9:30 p.m. - 11:30 p.m. | Hospitality Suite at Pub Ozone |
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### Tuesday, May 28<sup>th</sup>, 2019

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| 6:00 a.m. to 7:00 a.m. | Optional: Morning Run |
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| 7:00 a.m. to 4:30 p.m. | Conference Registration |
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| 9:00 a.m. to 10:00 a.m. | Opening Keynote - The Wisdom of Change: Positivity and Resilience While Under Stress (Maria Sirois) |
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| 6:00 p.m. to 9:30 p.m. | Casual Night Out - A Québec Evening at the Sugar Shack |
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| 9:30 p.m. to 11:30 p.m. | Hospitality Suite at the 3 Brasseur Grande Allée |
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### Wednesday, May 29<sup>th</sup>, 2019

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| 6:00 a.m. to 7:00 a.m. | Morning Run |
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| 7:00 a.m. to 3:00 p.m. | Conference Registration |
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| 10:45 a.m. to 12:00 Noon | Closing Keynote: "Four Conversations For Success" (Stuart Knight) |
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| 2:00 p.m. to 3:30 p.m. | Optional: Study Tour: Videotron Centre |
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| 6:30 p.m. to 7:00 p.m. | President's Dinner Reception at Le Capitole |
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| 7:00 p.m. to 11:00 p.m. | President's Dinner, Entertainment and Dance at Le Capitole |
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