

# We are community builders.

At AUMA, we represent urban municipalities – including cities, towns, villages, summer villages, and specialized municipalities – where over 85% of Albertans live.

Like our members, we are dynamic and constantly evolving. What remains constant is our commitment to providing solutions and resources for municipal issues.

We work with elected and administrative leaders of Alberta's urban municipalities to advocate for solutions to municipal issues, and to identify and develop opportunities that contribute to key components of community building – economic, environment, governance, infrastructure, and social.



AUMA has represented urban municipalities since 1905. Over the years, we have created business services specifically designed to meet municipal needs.

Our Business Services provide outstanding value through aggregation combined with competitive prices and tailored customer service.

We take pride in creating value for members and not for corporate shareholders.

## Our offerings include:

- Employee Benefits
- Retirement Services
- Insurance & Risk Services
- Energy Program
- Purchasing Program
- Short-term Investment Services



## Supporting our members

AUMA has created a special COVID-19 webpage that we are updating regularly with resources, tools, and templates. This page is our central communication point and covers topics including:

- Employee assistance & financial supports,
- Hosting council meetings via electronic means,
- Risk Management, and
- Business Continuity Planning.

Visit us at [auma.ca/COVID19](http://auma.ca/COVID19) to learn more.

## Maintaining mental fitness

During this difficult time, we are spreading the word on the importance of looking after your mental health, with tactics you can apply immediately!

Along with our partners Alberta Municipal Health and Safety Association (AMHSA), Canadian Society of Safety Engineering (CSSE) and Howatt HR, we are pleased to present a free weekly mental health webinar series: **Tactics for Maintaining Mental Fitness During the COVID-19 Pandemic**.

These weekly discussions, occurring every Tuesday at 10 a.m. MT, will feature key behaviours and micro-skills you can adopt to maintain mental fitness during the COVID-19 pandemic.

**Tactics for maintaining Mental Fitness during the COVID-19 Pandemic**  
Weekly 15-Min Mental Fitness Micro-Skill Development  
Every Tuesday 10:00 a.m. to 10:30 a.m. MST

